

# ICELAND - 7 Day Guide

To experience Iceland is to experience one of the most beautiful, energizing, and welcoming countries. The land and the people are truly magical. Here is where we stayed (every hotel was comfortable luxury with free breakfast), how we played (it was go, go, go), and where we ate (amazing fish & comfort food).

**Day 1** We arrived in Reykjavik. Our first stop was **SIXT** rental car. From there, we drove 3 hours to **VIK**. Be sure to stop at a local gas station/coffee shop to fuel up and grab snacks. We got to the hotel (which was exceptional), took a mini-nap, rode horses on **Black Sand Beach** & enjoyed the most delicious "lava soup" & black bread at **The Soup Company**.



**Day 2** The morning started with hotel breakfast, coffee from **Skool Beans** (a school bus now turned coffee shop), and a visit to **Reyniskirkja Church**. We drove two hours to Skaftafell National Park to hike a glacier (so much fun!). We stayed at **Fosshotel Glacier Lagoon Hotel**, with amazing views & food.



**Day 3** Woke early to paddle kayaks among icebergs! We walked **Diamond Beach** (can't miss seeing icebergs on the sand), ate fresh-caught fish 'n chips, then drove to **Selfoss**. En route, we climbed **Skogafoss Waterfall** (500 steps) and walked behind **Seljalandsfoss Falls**. On the way to the hotel, we even witnessed the Northern Lights!



**Day 4** We hit **Thingvellir National Park** to dry-suit snorkel between two continents! It's the geological divide between Europe and North America. After 3 hours of snorkeling, we drove back into Reykjavik for two days in the city. Dinner was at one of the oldest restaurants in the city - it was delicious!



**Day 5** Our full city day was packed with walking and exploring. Don't miss the **Sun Voyager Statue**, **Hallgrimskirkja Church** (the architecture is striking) and stroll along **Laugavegur Street** for shopping. We capped off the night at **Magic Ice Bar** for cocktails and an amazing dinner at Apotek. Be sure to make reservations at both.



**Day 6** Our last day/night was all about relaxation, Iceland-style. We went to the infamous **Blue Lagoon**. It is such a unique experience. All visitors get to immerse in the subterranean volcanic spa and go through "facial mask" stations while sipping cocktails and floating. Extra spa services are available too. We got into the lagoon with our hotel stay, but you can also just get a day pass. Our last dinner was at **Lava Restaurant** overlooking the lagoon, the lava rocks and the beauty of Iceland.



**Day 7** Bye bye Iceland...time to go home.

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